

Sun City Anthem at Merrill Ranch - Spring 2012 - Draft

Survival Conversational Spanish

Instructor: Dr. Nelson Suárez, ASU
6 sessions: Fridays, Jan. 27, Feb.3, 10, 17, 24, Mar. 2
10:00 a.m. – 11:30 a.m.
Limited to 12 students
Cost: \$48

This workshop covers basic conversation for greetings, introductions, travel, shopping, restaurants and giving directions. No previous Spanish is necessary. The material for the class has been reworked so that repeating students will receive new lessons. The course concludes with the students sharing a festive Spanish lunch.

Nelson Suárez Ph.D., was born and educated in Bolivia. He completed his master's and doctorate degrees at ASU where he teaches Spanish in the School of Letters and Sciences. He has taught Spanish for the Sun City Anthem at Merrill Ranch Lifelong Learning Academy for the past three years.

Un Poco Mas (a bit more Spanish)

Instructor: Dr. Nelson Suárez, ASU
6 sessions: Fridays, Jan. 27, Feb.3, 10, 17, 24, Mar. 2
noon – 1:30 p.m.
Limited to 12 students
Cost: \$48

This course is designed for those who have completed Survival Conversational Spanish or have a basic grasp of the Spanish language. The material for the class has been reworked so that repeating students will receive new lessons. We will concentrate on improving conversational skills and grammatical structure and conclude the class with the students sharing a festive Spanish lunch.

The Art of Storytelling –Using Pictures and Words

Instructor: Barbara Quackenbush, Community Scholar
4 sessions: Wednesdays, Jan. 25, Feb. 1, 8, 15
10 a.m. – 11:30 a.m.
Limited to 12 Students
Cost: \$32

Stories are living things that change to suit the teller and the times. Through writing, simple drawing, expressive drama, and interactive activities, participants will explore techniques that will enable them to bring forth their own stories, in unique ways, and to share them with others so that these stories can remain for others to enjoy.

Barbara Quackenbush has shared her stories with others in seminars and as a motivational speaker. She has degrees in fine arts, education and an MS.ED in Administration and Policy Studies. For eighteen years she taught gifted education and the visual arts, where her training and interest in storytelling began. Numerous years as a school administrator followed. She continues to be active in the arts, in teaching and in volunteer work.

Medication Safety

Instructor: Sue Schoetker, Community Scholar
3 sessions: Thursdays, Jan. 26, Feb. 2, 9
1:00 p.m. – 2:30 p.m.
Limited to 25 students
Cost: \$24

Did you know that adverse drug reactions cause the death, hospitalization or serious injury of more than 2 million people in the United States each year, including 1.5 million hospitalizations and more than 100,000 fatalities, and that once in the hospital, over 750,000 additional patients suffer an adverse event caused by drugs once they are admitted? Many of these reactions were serious or life threatening and the majority were preventable. This course will talk about how to significantly reduce your chances of becoming one of these statistics. Special attention will be paid as to why these adverse reactions occur more often in those over 60, and how you can approach your use of necessary medications much more safely.

Sue Schoetker has a bachelor's degree in psychophysiology and a master's degree in rehabilitation counseling. She spent 20 years as a rehabilitation counselor and claims adjuster working with countless patients, doctors, nurses, etc. She has performed volunteer work in hospital settings and has run fibromyalgia support groups in both California and Arizona. She feels her most useful knowledge, however, has arisen from her own experience as a "victim" of medications, and how she has learned to anticipate these adverse reactions and minimize additional harm at the hands of well intentioned medical providers.

Pearl Hart: Infamous Lady Bandit

Instructor: H. Christine Reid, Pinal County Historical Society
1 session: Monday, Feb. 6
9:00 a.m. – 10:30 a.m.
Limited to 40 students
Cost: \$8

Separating fact from fiction is no easy task when it comes to flamboyant stage coach robber Pearl Hart. A mountain of conflicting stories abound, thanks in no small part, to Pearl herself. So enamored of the Wild West, she embellished her own tale to accommodate the interest of newspapers and public fascination. Speaker H. Christine Reid, follows Pearl from her modest beginnings in Canada through Ohio, Illinois, New Mexico, and, finally, Arizona. A journey that took her from an innocent teenager to a life of crime littered with stories of abuse, abandonment, and poor choices.

H. Christine Reid, writer and historian, is a senior researcher at the Pinal County Historical Society and is passionate about making sure the history of Florence is preserved. Her special interest is the life and times of Pearl Hart, the West's only known female stagecoach robber. She has conducted numerous walking tours of historic Florence for Sun City Anthem Lifelong Learning members, and she is one of the authors of *Florence* from the Arcadia Press Images of America series.

An Arizona Sampler

Instructors: Larry Klein and Shirley Pinkerton, Arizona Historical Society
3 sessions: Tuesdays, Feb. 7, 14, 21
1:00 p.m. -2:30 p.m.
Limited to 25 students
Cost: \$24

Larry and Shirley will involve you directly in Arizona's past.

First Session: Shirley re-enacts the life and trials of Larcena Pennington Page Scott, 1837 to 1913, who lost two sisters to disease and her husband, father and two brothers, who were killed by Indians. Her most memorable experience was being captured by Indians and then being left to die in the Santa Rita Mountains where she crawled in snow and had nothing to eat for sixteen days during her escape.

Second Session: Larry discusses the Spanish settlement of Arizona which occurred between 1540 and 1821. Spaniards lived and worked in the area that is now Arizona. Though the number of Spanish living here was never great, they had a strong impact on our state's history. These first non-Indian residents brought a different culture, including new agricultural products, animals, language, and religious beliefs.

Third Session: Larry presents on *Vaqueros* and Cowboys and how the arrival of Europeans brought the cattle industry to what is now Arizona. Mission priests at San Xavier Del Bac brought cattle and showed Pima and Tohono O'odham people how to take care of them. The Spanish called them *vaqueros*. As settlement westward occurred, especially after the American Civil War, *vaqueros* taught the Americans how to handle cattle. Many common words used by cowboys were originally from Spanish.

Shirley Pinkerton has been an Arizona resident since 1942. She earned her BA from the University of Colorado and her M.Ed from the University of Arizona. Having been a high school counselor, a family and marriage therapist, an instructor of psychology at Pima College, she is now retired. She is presently the President of the Docent Council of the Arizona Historical Society Southern Division

Larry Klein is a native of Cleveland, Ohio but came to Arizona as soon as he could. He retired and moved to Tucson in 1994. Although Larry's background is math and science, his is a passionate, enthusiastic historian. Larry gives generously of his time and knowledge to the Arizona Historical Society, where he developed presentations and serves

as a docent guide. He thinks Arizona has a rich history and is happy to have the time to explore that history.

Native Americans in the Gila River Valley

Instructor: Alycia Hayes, National Park Service (NPS)
Barnaby Lewis, Tribal Historic Preservation Officer (THPO) for the Gila River Indian Community

2 sessions: Wednesday, Feb. 22, 1:00 p.m. - 2:30 p.m.
Wednesday, Feb. 29, 10:00 a.m. – 11:30 a.m.

Limited to 25 students

Cost: \$16

First session: Alycia Hayes will place the archeology of sites at Casa Grande Ruins National Monument within the context of the middle Gila River Valley as a larger community. There is evidence suggesting other Great Houses may have existed in the Gila and Salt River Valleys. Discussion will include archeology conducted at the monument including some of the prehistoric artifacts recovered from early excavations and a brief overview of NPS's efforts to preserve the unique cultural resources at Casa Grande Ruins National Monument.

Second session: Mr. Lewis will provide Odham perspectives associated with ancestral occupation of southern Arizona as well as contemporary views of present day Akimel O'Odham (River People).

Alycia Hayes, originally from Southeast Alaska, moved to Southern Arizona in the 1990's, earning a certificate in Field Archaeology from Pima Community College, and a double B.A. in Classics and Anthropology from the University of Arizona. She followed with studies in applied archeology at Northern Arizona University and hopes to defend her Masters in spring 2012. Working mostly in the private sector for contract archaeology firms, Alycia also has done preservation archeology at Flagstaff Area National Monuments and Casa Grande Ruins.

Barnaby Lewis has been the Tribal Historic Preservation Officer (THPO) for the Gila River Indian Community (GRIC) since February 2009. The THPO consults with federal and state agencies regarding matters of religious and cultural significance to historic properties. Mr. Lewis supervises all aspects of cultural resource consultation in connection with federal, state, and tribal laws including the Native American Graves Protection and Repatriation Act (NAGPRA). The overall objective of the THPO is to protect, preserve, and regulate all matters relating to cultural resources and historic preservation in accordance with the roles and responsibilities identified by the National Historic Preservation Act.

FREE CLASS:

Enrollment open to all Sun City Anthem at Merrill Ranch residents. You must register to attend.

Come Share Your Passion! Community Scholar Training Workshop

Instructor: Jo Cochran, ASU Lifelong Learning Coordinator

1 session: Thursday, Mar. 1

10:00 a.m. – 11:30 a.m.

Limited to 25 students

Cost: FREE

The success of the Sun City Anthem at Merrill Ranch Lifelong Learning Academy depends on the efforts of enthusiastic community scholars. Do you have a lifelong passion that you're ready to share with the members of your community? This workshop begins the process of assisting you in turning your career, personal, and educational experiences into an informative and thought-provoking course to be offered in the Academy. You don't need any prior classroom experience to attend this workshop – only the desire to explore the path of becoming a future lifelong learning community scholar.

Participants will move through a series of exercises to help them to:

- Design a course topic based on personal experience and knowledge
- Select course content and develop a schedule
- Choose effective educational formats
- Identify and adjust to differing learning styles
- Manage an effective classroom

Jo Cochran, M.Ed., has taught and served as an educational administrator both in the United States and in international schools. While her experience has taken her to such places as Honduras, Sri Lanka, Mozambique, Egypt, and Saudi Arabia, she is now the site coordinator for the Sun City Anthem at Merrill Ranch Lifelong Learning Academy. She and her husband are residents of Sun City Anthem at Merrill Ranch.

King Cotton: What Made Coolidge and Surrounding Areas Boom

Instructor: H. Christine Reid, Pinal County Historical Society

1 session: Monday, Mar. 5

9:00 a.m. – 10:30 a.m.

Limited to 40 students

Cost: \$8

Settlement along the Gila has been here since c. 1200 A.D. Florence boomed in the 1870's. But the town of Coolidge was a late comer in the history of the area. Cotton and other factors helped towns like Randolph, La Palma, and Coolidge develop in the late 1920s and 1930s. This presentation will explore the history and development of these towns and their impact on Pinal County.

CSI: Florence

Instructor: Detective Walt Hunter, Florence Police Department

1 session: Wednesday, Mar. 7

10:00 a.m. - 11:30 a.m.

Limited to 25 students

Cost: \$8

Do you watch CSI on television and marvel at the wonders of science? All is not as it seems. Though forensic procedure appears quick and seamless on television, the reality of crime

investigation is more difficult than Hollywood would have us believe. Detective Hunter and Detective tells the real story of crime scene investigation.

Detective Hunter is a member of the Florence Police Department where he has applied his vast experience to solving challenging crimes within the area and making our community a safer place to live. He has an Associates Degree in Administration of Justice as well as holding a Bachelor and Masters degree from Northern Arizona University.

Digital Imaging: Mastering Your Camera

Instructor: Penny Dolin, ASU
1 session: Friday, Mar. 9
10:00 a.m. – 1:00 p.m.
Limited to 16 students
Cost: \$8

Explore the ways in which you can make decisions rather than your camera and begin to take exciting and artistic images! Learn about exposure compensation, the color of light, amplifying your chip for low light imaging, and how to use the shutter and aperture to take the pictures you truly want. Bring your camera and discover what all the menus mean. In addition, we will do some basic image editing. The real goal is to get as close to what you really want to take, IN the camera!

Penny Ann Dolin, GIT Program Chair at ASU, Polytechnic campus, and founder/Director of the GIT Commercial Photography Studio and Technical Imaging Lab, was a commercial photographer in New York for many years prior to coming to AZ. She holds a Masters in Technology and is actively involved in STEM grants using photography as a means to teach science and technology. Please visit <http://photo.asu.edu> to see what she and the students are doing!

Herpe What? The Up Side of Reptiles and Amphibians

Instructor: Nate Kutnick, President of the Arizona Herpetological Association
1 session: Saturday, Mar. 10
10:00 a.m. -11:30 a.m.
Limited to 25 students
Cost: \$8

Increase your understanding of our lesser known desert neighbors; lizards, turtles, tortoises, and snakes. This is your chance to see them up close in a controlled environment. The members of the Arizona Herpetological Association (AHA) will present their “well-caged friends” using a non-threatening show and tell approach. They will give information and answer all of your questions and maybe even help you to appreciate these incredibly interesting critters.

The AHA is a non-profit organization funded by donations and membership dues. Their goals are to provide education to the public about reptiles and amphibians, foster an environment where people can appreciate reptiles and amphibians as a community, and to rescue and relocate

reptiles that find themselves in harms way. Monthly meetings are held at the Phoenix Zoo, where members have the opportunity to meet and exchange ideas with other reptile enthusiasts.

Wondrous Biological Puzzles

Instructor: John Alcock, ASU
2 sessions: Monday, Mar. 12
Tuesday, Mar. 13
10:30 a.m. – 12:30 p.m.
Limited to 25 students
Cost: \$16

Drawing on his experiences in the Sonoran Desert and in southwestern Australia, John will talk about the biological puzzles posed by the behavior of a sampler of Sonoran Desert insects and the solutions to these puzzles. In addition, he will compare the natural history of the Sonoran Desert with that of the desert regions of Western Australia, which he has visited more than 10 times, providing reasons for both the similarities and the differences between these two areas.

John Alcock is an emeritus professor of biology retired from Arizona State University where he taught animal behavior, among other things, for many years. Alcock has authored several books about the natural history of the Sonoran Desert, including *Sonoran Desert Spring* and *When the Rains Come*.

Where Do We Go From Here? Creative Uses of Florence's Regional Resources

Instructor: Martin Pasqualetti, ASU
Kelly Dugan, Du-Brook Dairy
Ana Kennedy, Kennedy Archers
2 sessions: Wednesdays, Mar. 14, 21
10:00 – 11:30 a.m.
Limited to 25 students
Cost: \$16

First Session: Martin Pasqualetti discusses the changing energy landscapes of North America and how we are at the beginning of an energy transition from the finite energy resources of the past to the sustainable energy resources of the future. This shift will be reflected in the landscape and these changes will help steer the form and speed of transition from fossil fuels and uranium to such non-traditional fossil fuels as oil sands and the future energy resources of geothermal, wind and solar.

Second Session: Mindful agriculture has always made sustainability a high priority. Production would cease to occur without the careful stewardship of natural resources. Kelly Dugan will share how she cares for her animals. You will spend a day with her via a video tour of her dairy, learning how she keeps her calves healthy with pampered care. Ana Kennedy will then lead you through an exploration of the different methods used in sustainable food production by comparing large and small operations and sharing how the Kennedy family turned a hobby into a family business.

Free Bonus Session: See the "Sustainability: The Board Game" class, scheduled for Friday, March 30, 2012 for full details.

Dr. Martin Pasqualetti, holding degrees from the University of California (Berkeley), Louisiana State University, and the University of California (Riverside) is a professor in the School of Geographical Sciences and Urban Planning at Arizona State University, where he has been teaching courses on energy and other natural resources for almost 35 years. He has served as an advisor to the U.S. Department of Energy, the National Renewable Energy Laboratory, the National Academic of Sciences, the Arizona Energy Office, the Arizona Corporation Commission, among other agencies. Dr. Pasqualetti was twice appointed Chairman of the Arizona Solar Energy Advisory Council by the Governor of Arizona, received a "Lifetime Achievement Award" from the Renewable Energy Task Force, and was voted "Environmental Educator of the Year" by the Arizona chapter of the Association of Energy Engineers.

Kelly Dugan comes from a long line of dairy farmers. Her father and his 5 brothers have a total of 8 dairies. For the past two years, she has managed a calf and heifer operation in Casa Grande where she is responsible for 9 employees and 2300 calves and heifers. A member of UDA's Young Cooperative, she is the Pinal County Representative for Young Farmers and Ranchers of Arizona. She has traveled to Washington DC as an advocate for Arizona agriculture and natural resources and participated in discussions on the impact of immigration and the 2012 Farm Bill.

Ana Kennedy, an active member and volunteer with the Arizona Farm Bureau Federation is an educator and a farm girl. Currently she works as a teacher and principal at a charter high school in Tempe, Arizona. Ana also plays a decision making role at Kennedy Achers, Inc., the farm in Casa Grande where she grew up. Raising Holstein calves has been the focus of the farm for more than 25 years. Ana holds a Bachelor's and Master's degree in agricultural and resource economics from the University of Arizona.

Really Local Landscaping: A Florence Primer

Instructor: Jeff Payne, Boyce Thompson Arboretum
1 session: Monday, Mar. 19
10:00 a.m. - noon
Limited to 25 students
Cost: \$8

How is your landscaping doing? Have you been caught in the endless loop of replanting as your plants fry, freeze, dry up, blow over, or just plain die? Are your plant choices more work than you thought they would be? Jeff Payne lives in Florence and knows our region. He will help us understand regional weather, soil, water and micro-climates as well as which native flora and non-native species do best in our part of Pinal County. Jeff will also discuss what makes plants and trees grow successfully in the desert so that we might apply some of the same principles in our own yards.

Please note: This session takes place at the Boyce Thompson Arboretum (BTA). Entrance fee to the Arboretum is \$9.00 / person for non-BTA members and free to BTA members. Wear comfortable walking shoes and bring water, sunscreen and a hat. Students are responsible for their own transportation.

Jeff Payne is a Horticultural Specialist with The University of Arizona at Boyce Thompson Arboretum in Superior, AZ. His responsibilities include the horticultural care, maintenance and preservation of the trees and other collection plants at the Arboretum as well as being a departmental liaison with other Arboretum departments for education and public outreach. He has been active in the horticultural industry for over 10 years. Jeff is an Arizona Certified Landscape Professional through the Arizona Landscape Contractors Association, an ISA member and a Certified Arborist.

FREE CLASS:

Enrollment is open to participants of the “Where Do We Go From Here? Creative Uses of Florence’s Regional Resources” class. You must register to attend.

Sustainability: The Board Game

Instructor: Jo Cochran, ASU Lifelong Learning Coordinator
4 sessions: Friday, Mar. 30 + additional times to be designated during first class
10:00 a.m. – noon
Limited to 25 students
Cost: FREE

Knowledge is only retained when it is applied. This class is offered to all participants who took the sustainability class earlier in March. We will build on our understanding of our region as you divide into teams (utilities, parks and recreation, public works, etc.) to build the hypothetical town of Florencia, from the ground up, using principles of sustainability and out of the box thinking to develop a town which is ecologically sound and economically self-sufficient. Put on your gaming hat and join us!

FREE CLASS:

Enrollment is open to all Sun City Anthem at Merrill Ranch residents. You must register to attend.

OneBookArizona

Instructor: Betty Wheeler, Community Scholar
1 session: Monday, April 2
1:00 p.m. – 2:30 p.m.
Limited to 25 students
Cost: FREE

Each spring ONEBOOKAZ encourages communities across Arizona to read the same book at the same time and participate in discussions. The 2012 selection, sponsored by the State Librarians’ Association, has not yet been released so you will be receiving the title by email at a later date. Plan to join us though for a good read and a lively discussion of the book on April 2.

Betty Wheeler earned a degree in Business Administration and worked throughout her career in City Administration. Now, she is finding new ways to live her life including the pursuit of her passion for books and learning the history of Arizona. She has helped to organize the Book Group at Anthem and coordinates responsibilities for the care of the Library at Sun City. She also has involved herself with the Florence Historical Museum as a volunteer and serves on the Florence Historical District Advisory Commission.